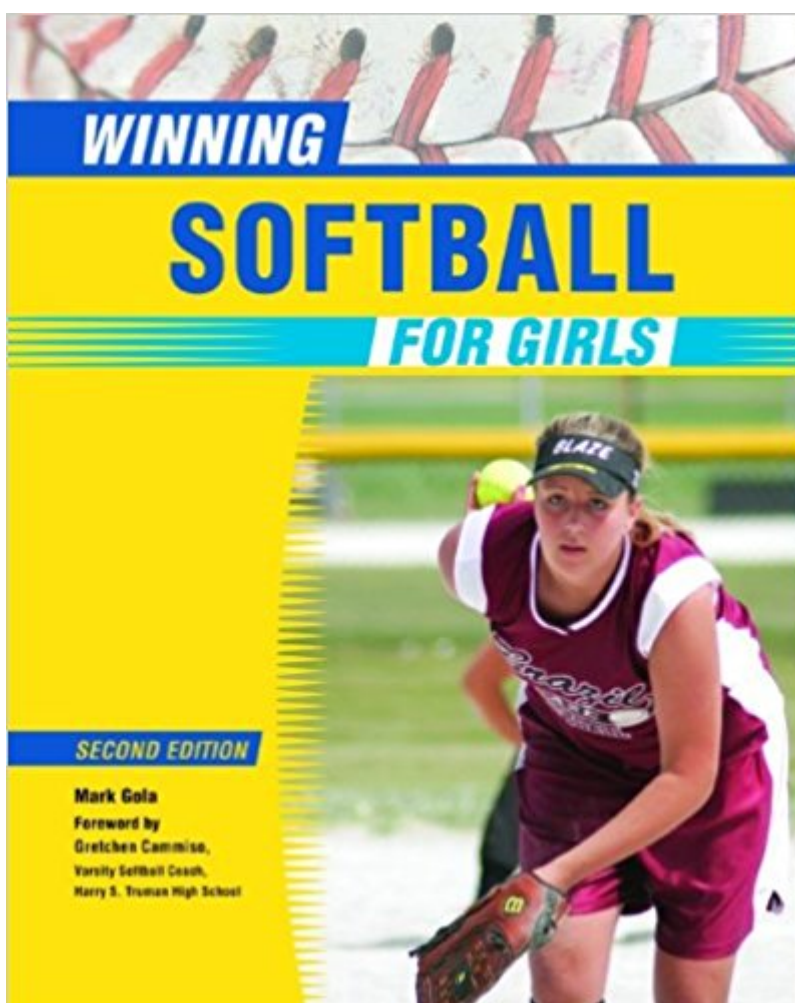


The book was found

Winning Softball For Girls (Winning Sports For Girls) (Winning Sports For Girls (Paperback))



Synopsis

Get in the swing of softball with this new full-color guide! The popularity of softball is undeniable. An Olympic sport since 1996, it is one that can be enjoyed by players across a wide spectrum of ages and at any level of ability. According to the Amateur Softball Association, each year more than 1.2 million girls play fast-pitch softball, and more than 3.5 million players in total play the sport. "Winning Softball for Girls, Second Edition" is essential reading for anyone interested in learning to play softball and improve their game. It offers useful information on all the key skills girls must master, providing drills and exercises to help them practice their baserunning, catching, hitting, pitching, and throwing. This new full-color guidebook also explains the rules and history of the game as well as how to think on the field and play smart. New to this edition are more than 140 full-color photographs and diagrams along with new material for improving a player's stance at bat and on the field. The chapters include: History and Rules of the Game; Hitting; Fundamentals of Defense; The Positions; Baserunning; Pitching; Offensive Strategy; Defensive Strategy; and, Conditioning.

Book Information

Series: Winning Sports for Girls (Paperback)

Paperback: 220 pages

Publisher: Checkmark Books; 2 edition (November 1, 2009)

Language: English

ISBN-10: 0816077177

ISBN-13: 978-0816077175

Product Dimensions: 7.2 x 0.6 x 9.1 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 1 customer review

Best Sellers Rank: #2,896,885 in Books (See Top 100 in Books) #42 in [Books > Teens > Sports & Outdoors > Baseball & Softball](#) #162 in [Books > Sports & Outdoors > Softball](#) #533 in [Books > Teens > Education & Reference > Reference](#)

Customer Reviews

Grade 7 Up-Gola covers the history, rules of the game, and necessary equipment as well as tips for hitting, pitching, and base running. The fundamentals of defense and offense are covered, along with a number of drills in each area. In addition, the author details the various positions and gives advice on conditioning. The many black-and-white photos showing girls between the ages of 13 and 18 are of average quality and often small; a few do not amplify the text. The simple diagrams are

clear. Because each page is dense with text, experienced softball players are likely to pick and choose among the chapters rather than read through the entire book. Due to the dearth of books on the subject, this title could prove useful in balancing baseball-laden collections. Blair Christolon, Prince William Public Library System, Manassas, VA Copyright 2002 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

"Recommended." - Choice "An essential guide to the game...will be useful for beginners, competitive players, and coaches." - School Library Journal" --School Library Journal

Very good as expected

[Download to continue reading...](#)

Winning Softball for Girls (Winning Sports for Girls) (Winning Sports for Girls (Paperback)) Winning Lacrosse for Girls (Winning Sports for Girls) (Winning Sports for Girls (Paperback)) Winning Basketball for Girls (Winning Sports for Girls) (Winning Sports for Girls (Paperback)) Softball Fielding Drills: easy guide to perfect your softball fielding today! (Fastpitch Softball Drills) Bluebook 60 - Fastpitch Softball Rules - 2017: The Ultimate Guide to (NCAA - NFHS - USA Softball / ASA - USSSA) Fast Pitch Softball Rules Softball Hitting Drills: easy guide to perfect your softball hitting today! (Fastpitch Softball Drills) The Complete Book Of Softball Drills: easy guide to perfect your softball drills today! (Fastpitch Softball Drills) Softball Pitching Drills: Great Pitching Drills for Fastpitch Softball (Fastpitch Softball Drills) Softball Catchers Drills: easy guide to perfect your softball catching today! (Fastpitch Softball Drills) Winning Softball for Girls (Winning Sports for Girls (Library)) The Softball Psychology Workbook: How to Use Advanced Sports Psychology to Succeed on the Softball Field Winning Soccer for Girls (Winning Sports for Girls (Paperback)) Winning Track and Field for Girls (Winning Sports for Girls (Paperback)) Softball Basics: All About Softball Softball Base Running Drills: easy guide to perfect your base running today! (Fastpitch Softball Drills) Bluebook 60 - Fastpitch Softball Rules - 2016: The Ultimate Guide to (NCAA - NFHS - ASA - USSSA) Fast Pitch Softball Rules Blue Book 60 - Fast Pitch Softball Rules - 2015: The Ultimate Guide to (NCAA - NFHS - ASA - USSSA) Fast Pitch Softball Rules Winning Volleyball for Girls (Winning Sports for Girls) Winning Weight Training for Girls (Winning Sports for Girls) Winning Soccer for Girls (Winning Sports for Girls (Library))

Contact Us

DMCA

Privacy

FAQ & Help